



CHARLEY CASTEX

Summer/Fall 2006 - NEWSLETTER

"It is only through the heart that one can see rightly...
what is essential, is invisible to the eye."
—Antoine de Sainte-Exupery

Greetings,

I am excited and honored to inform you about my upcoming retreat, "sensing the soul: seven days of Grace at sea". This is a very special, spiritual cruise on Royal Caribbean Cruise Line, departing November 26th 2006 for seven magical days with ports of call being Coco Cay in the Bahamas, St Thomas and finally on to St Maarten before returning to Port Canaveral. Our journey will be a unique, first time opportunity for healing and spiritual empowerment while we enjoy the serene and breath taking beauty of the Caribbean. Natural Awakenings Magazine featured an informative News brief of "sensing the soul" in their May issue.

For my loyal clientele that may not have heard, I have other "big" news to impart. Kathryn and I will be moving to Honolulu, Hawaii! When? (you may ask). Well first, Asheville, NC, has been our spiritual home and hearth for almost eleven years now. This bond will not change and, as we are fond of saying, "we are not leaving, just moving". Our firm intention is to return a few times a year on extended visits for in person consultations and to reconnect with dear friends and family in Asheville. Hawaii has called out to our hearts in a way that is hard to express or explain without appearing trite. We will be transitioning to Hawaii when our home arrangements are completed. The time frame for our move is indefinite, but appears on the horizon. If you wish to be updated on the progress of the relocation and expansion of my private practice, and to be notified when we will be returning for visits, please log your contact information into our private mailing list.

Coming soon to CharleyCastex.com will be new, interactive features on the site and also some intriguing newspaper articles by yours truly.

Grace Always,
Charley